**Personality Quiz**

1. You are going to take a personality quiz. Which three adjectives best describe you? Compare with a partner.

Adventurous charming confident energetic exciting impulsive interesting loyal pushy quiet selfish serious shy unfriendly unsociable

1. Take the quiz and copare the result with the words you chose to describe yourselfin 1. Compare with a partner.

**How do other people Really see you?**

1. **When do you feel the best ?**
2. In the morning
3. In the afternoon and early evening
4. Late at night
5. **You usually walk…**
6. Fast with long steps
7. Fast with short steps
8. Slowly with your head up
9. Very slowly
10. **When you talk to people, you…**
11. Stand with your arms folded
12. Have one or both hands on your hips
13. Have both your hands behind your back
14. Touch or push the person you are talking to
15. Play with your ear or touch your chin .
16. **When you relax, you sit with…**
17. Your knees bent and your legs side by side.
18. Your legs crossed
19. Your legs straight out in front of you
20. One foot under you.

**5**. **Which of these colors do you like the most?**

**a.** red or orange **e**. dark blue or purple

**b.** black **f**. white

**c.** yellow or light blue **g**. brown or gray

**d.** green

6. **In bed, you lie…..**

**a.** on your back **d.** with your head on one arm

**b.** on your stomach **e.** with your head under the covers

**c.** on your side.

Think about a member of your family or a friend for each description in What your score means in the quiz. Tell your partner about the person.

**36 or more:** people think you’re confident, but also selfish and pushy. They admire you, but they don’t enjoy your company.

**21 – 35**: people think you’re exciting, impulsive, and adventurous. They love being in your company.

**16 – 20**: people think you’re energetic and charming. You’re always interesting.

**11- 15:** people think you’re unfriendly, but really you’re just shy. You don’t make friends easily, but you’re very loyal.

**10 or less:** people think you’re serious and unsociable. They think you are quiet and you prefer to spend time alone.

**How to score**

**1** a2 b4 c6

**2** a6 b4 c 3 d 2

**3** a 4 b 5 c 3 d 7 e6

**4** a 4 b 6 c 2 d 1

**5**  a 6 b7 c 5 d 4 e 3 f 2 g 1

**6** a 7 b 6 c 4 d 2 e 1

[](http://www.google.dz/url?sa=i&rct=j&q=woman+looking+in+mirror&source=images&cd=&cad=rja&docid=HpHEB1wX5Vdi1M&tbnid=3evumrpn97l_rM:&ved=0CAUQjRw&url=http%3A%2F%2Fvenusvision.com%2Fself-acceptance-vs-body-acceptance%2Fwoman-looking-in-mirror%2F&ei=WlCqUf29B8mBOI-dgYAI&bvm=bv.47244034,d.ZGU&psig=AFQjCNG8eOoNDC8LUxzyUzR3-GpWDQxUPQ&ust=1370202482190387)