

## It is (about/high) time structures

### It is time

- 1- It is time to go to bed.
- 2- It is time for her to go to bed.
- 3- It is time (that) she went to bed.

### It is high time

- ? 1- It is ~~high time to go~~ to bed. **regarded wrong by some people.** They think "high time" cannot be followed by "to infinitive"
- 2- It is high time for her to go to bed. **correct but not idiomatic**
  - 3- It is high time (that) she went to bed. **correct, idiomatic, more often used**

### It is about time

- 1- It is about time to go to bed.
- 2- It is about time for her to go to bed.
- 3- It is about time (that) she went to bed.

(the word '**that**' can be omitted in all these expressions.)

**Notice** that "It is high time I went." converts to "I said it was high time I went."

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