


# A BIT FROM EVERYTHING

## A Friend...

(A)ccepts you as you are  
 (B)elieves in "you"  
 (C)alls you just to say "HI"  
 (D)oesn't give up on you  
 (E)nvvisions the whole of you  
 (F)orgives your mistakes  
 (G)ives unconditionally  
 (H)elps you  
 (I)nvites you over  
 (J)ust "be" with you  
 (K)eeps you close at heart  
 (L)oves you for who you are  
 (M)akes a difference in your life

(N)ever Judges  
 (O)ffer support  
 (P)icks you up  
 (Q)uiets your fears  
 (R)aises your spirits  
 (S)ays nice things about you  
 (T)ells you the truth  
 (U)nderstands you  
 (V)alues you  
 (W)alks beside you  
 (X)-plains thing you don't understand  
 (Y)ells when you won't listen and  
 (Z)aps you back to reality

### THE ANATOMY OF A TRUE FRIEND




**-Eyes-**  
 Will always see you for your true self  
 Will always see the best in you

**-Mouth-**  
 To always tell you the truth and give their thoughts  
 To help talk through things if life gets messy

**-Arms-**  
 Will always offer hugs  
 Will always make you feel comfortable




**-Heart-**  
 To love you for who you are  
 Will always have a place for you



**-Ears-**  
 Will always have them open to listen  
 To really hear what you are saying

**-Shoulder-**  
 Will be your strength when you can't carry yourself  
 Will always let you lean on and cry on them

**-Hands-**  
 To hold yours when you need a little guidance  
 To help you get up when you may fall



**-Feet-**  
 To walk with you throughout your life  
 To be the very best friend they can be