

1-2. sorularda, verilen cümleyi uygun şekilde tamamlayan ifadeyi bulunuz.

3-5. sorularda, karşılıklı konuşmanın boş bırakılan kısmını tamamlayabilecek ifadeyi bulunuz.

1. A health freak - - - - .

- A) often eats junk food
- B) enjoys eating snacks
- C) loves fast food very much
- D) always eats fish and chips
- E) takes care of his/her health

4. Waiter : What would you like to have, sir?

Mehmet : I will have a hot dog and a slice of pizza.

Waiter : I'm sorry, but - - - - , sir.

Mehmet : Oh really! Then what is your offer for me?

- A) you shouldn't eat healthy food
- B) good appetite
- C) that's too much for you
- D) there are no left
- E) we are closed now

2. If you continue to intake too many calories, - - - - .

- A) don't eat fresh fruits
- B) you will gain weight
- C) it makes you healthier
- D) you lose weight easily
- E) it is easy to thin down

5. Mary : I want to lose weight. What should I do, sir?

Doctor : Firstly, you should eat healthy foods. Do you eat junk food?

Mary : Yes, sometimes.

Doctor : - - - -

- A) That's very healthy for you.
- B) We had better eat junk food.
- C) You shouldn't eat much.
- D) Never eat vegetables.
- E) You did fairly well!

3. According to the studies; dolphins, whales and - - - - other sea creatures use highly versatile navigation systems.

- A) a little
- B) many
- C) much
- D) a great amount of
- E) little

THEME -3 HEALTH AND DIET 3

6-8. soruları paragrafa göre cevaplayınız.

For many people, changing eating habits is too hard. You may have certain eating habits for a long time and sometimes you do not realize they are unhealthy. Or your habits have become part of your daily life, so you don't think much about them. To change your eating habits, taking notes for a week about what you have eaten or how often you snack during the day can be useful. According to your eating habits, controlling your portion sizes, waiting for a while before taking the next bite, having fruits and vegetables all day long instead of sweets can help you for a healthy diet.

6. Which one is true according to the text?

- A) We shouldn't change eating habits.
- B) Changing eating habits is very easy.
- C) To lose weight, we should just take notes.
- D) Taking notes about eating habits can be useful.
- E) It is necessary to add more to the portion sizes

7. It is hard to change our eating habits because - - - - .

- A) we can replace them easily
- B) they always make us healthier
- C) we like eating sweets and snacks
- D) we are aware of our eating habits
- E) they become a part of our daily lives

8. According to the text, - - - - .

- A) people can change their eating habits easily
- B) it is impossible to change our eating habits
- C) eating small portions can help our diet
- D) ignoring portion sizes is not important
- E) taking notes can't help us for our diet

9-12.sorularda, aşağıdaki parçalarda numaralanmış yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

Tourist : Excuse me, officer! I think I'm lost.
How can I go to the bus station?

Passer by : Oh, it is very close to here. First, walk **(9)** - - - -100 metres, then **(10)** - - - - right. It is Pine Street. Go **(11)** - - - - the Pine Street. After about 200 metres, take the first turning on the left. It is **(12)** - - - - the car park and the mosque.

9.

- A) about
- B) over
- C) on
- D) under
- E) at

10.

- A) run
- B) walk
- C) turn
- D) have
- E) play

11.

- A) up
- B) in
- C) along
- D) under
- E) back

12.

- A) in
- B) under
- C) behind
- D) between
- E) opposite

ÖLÇME, DEĞERLENDİRME VE SINAV HİZMETLERİ GENEL MÜDÜRLÜĞÜ



Adı :

Soyadı :

Sınıf :

NO :

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|----|----|----|
| A | A | A | A | A | A | A | A | A | A | A | A |
| B | B | B | B | B | B | B | B | B | B | B | B |
| C | C | C | C | C | C | C | C | C | C | C | C |
| D | D | D | D | D | D | D | D | D | D | D | D |
| E | E | E | E | E | E | E | E | E | E | E | E |

Doğru :

Yanlış :

Boş :

Puan :